

# DEAR, FUTURE SELF

The young woman sat on the edge of her bed, staring at the blank page in front of her. She had been trying to write a letter to her future self for weeks, but she couldn't seem to find the right words.

She wanted to tell her future self about her dreams and hopes, but she was afraid that she would never achieve them. She wanted to tell her future self about her fears and insecurities, but she was afraid that she would never overcome them.

She sighed and put down her pen. She didn't know what to say.

The next day, she woke up to find a letter on her pillow. She opened it and read:

*"Dear younger self,*

*I know you're scared. I know you're not sure if you can achieve your dreams. But I'm here to tell you that you can. You are stronger and more capable than you think.*

*I know you're afraid of failure. But failure is a part of life. It's how we learn and grow. Don't let fear hold you back.*

*I know you're insecure. But don't compare yourself to others. Everyone is different. Focus on your own journey and don't worry about what others are doing.*

*I believe in you. I know you can achieve anything you set your mind to.*

*Love, Your future self"*

The young woman smiled as she read the letter. She knew that her future self was right. She was stronger and more capable than she thought. She wasn't going to let fear hold her back. She was going to achieve her dreams.

She picked up her pen and started writing. She wrote about her dreams and hopes. She wrote about her fears and insecurities. She wrote about everything that was on her mind.

She wrote about how she wanted to be a writer. She wanted to write stories that would inspire others. She wanted to make a difference in the world.

She wrote about how she was afraid of failing. She was afraid of not being good enough. She was afraid of rejection.

But she also wrote about how she was determined to follow her dreams. She knew that she had to try, even if she failed.

She wrote for hours, until her hand was cramped and her eyes were blurry. When she was finished, she sealed the letter and put it in the mail.

She knew that her future self would get it one day. And she knew that her future self would be proud of her.

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The young woman sent the letter, but she didn't forget about it. She kept it in a safe place, and she would often read it when she was feeling discouraged.

The letter helped her to stay focused on her dreams. It reminded her that she was capable of anything she set her mind to.

The young woman eventually went on to become a successful writer. She wrote many stories that inspired others, and she made a difference in the world.

She never forgot the letter from her future self. She knew that it was the letter that had helped her to achieve her dreams.

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